

CONTINUOUS CRICKET

Organisation

- Divide the class into groups of 10 or 12
- Divide each group into two equal teams
- Set out the activity as shown
- Each team bats for a set period of time (eg. eight minutes)
- Bowler bowls underarm from a minimum of 10 metres
- Each bowler has six deliveries before being replaced
- Batter has to run whether or not the ball is hit and may run more than once
- The batter has to run around a cone (two are provided, one on each side, to cater for left-and right-handers)
- Fielders throw the ball underarm back to the bowler, as quickly as possible, who bowls when ready
- The batter is out when bowled, caught or hit wicket, and the next batter moves in quickly to take their place
- A batter who is not out after facing six balls must change with the next batter
- The teams with most runs wins
- Batters take turns to umpire and keep score

Easier/Harder

- Decrease/increase:
 - the length of pitch
 - the size of the wicket
 - the distance between the cones and the wicket

Including disabled children

- Vary distances batters need to cover
- Reduce stumps
- Have fewer fielders or have them stand further back or further apart
- Use a larger ball
- Allow adapted or single-handed grip
- Measure score by distance hit
- Fielders work in pairs: one stopping, one returning
- Batter may use a runner

