CONTINUOUS CRICKET

Organisation
• Divide the class into groups of 10 or 12
• Divide each group into two equal teams
• Set out the activity as shown
• Each team bats for a set period of time (e.g. eight minutes)
• Bowler bowls underarm from a minimum of 10 metres
• Each bowler has six deliveries before being replaced
• Batter has to run whether or not the ball is hit and may run more than once
• The batter has to run around a cone (two are provided, one on each side, to cater for left- and right-handers)
• Fielders throw the ball underarm back to the bowler, as quickly as possible, who bowls when ready
• The batter is out when bowled, caught or hit wicket, and the next batter moves in quickly to take their place
• A batter who is not out after facing six balls must change with the next batter
• The teams with most runs wins
• Batters take turns to umpire and keep score

Easier/Harder
• Decrease/increase:
  • the length of pitch
  • the size of the wicket
  • the distance between the cones and the wicket

Including disabled children
• Vary distances batters need to cover
• Reduce stumps
• Have fewer fielders or have them stand further back or further apart
• Use a larger ball
• Allow adapted or single-handed grip
• Measure score by distance hit
• Fielders work in pairs: one stopping, one returning
• Batter may use a runner